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Session: **EPH1**: Friday May 1 – 11:00:12:30 – HIV and HCV Surveillance

Track: Epidemiology and Public Health
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Presentation Type: Oral
Title of Abstract: **Using Population-level Latent Class Analysis to Classify People Living with HCV in British Columbia (BC) for Targeted Program Planning**

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Abstract

Introduction: Direct-acting antivirals (DAAs) have expanded hepatitis C virus (HCV) treatment access to individuals with comorbidities such as HIV. As of 2018, 5.0% (n=2,689) of people currently living with HCV (pHCV) also live with HIV (pHCV-HIV). HCV affects diverse populations including people who inject drugs (PWID), gay/bisexual men who have sex with men (gbMSM), and immigrants from endemic regions. Assessing patterns of shared characteristics among subpopulations using Latent Class Analysis (LCA) may facilitate targeted program planning.

Methods: The BC Hepatitis Testers Cohort includes all pHCV identified in BC between 1990 to 2015, followed until 2018, with linked data on medical visits, hospitalizations, cancers, prescription drugs, and deaths. LCA grouped all people who had been HCV antibody-diagnosed in the Cohort (n=73,665) by characteristics with demonstrated relationships to HCV treatment uptake (age, gender, ethnicity, sexual identity, coinfections, urbanicity, socioeconomic status, use of injection drugs, liver disease and mental illness among others). Models were fit adding 1-10 classes stepwise. The final model was chosen based on fit statistics, epidemiological meaningfulness, and posterior probability for class assignment. Classes were named by defining characteristics. Among people treated, multinomial logistic regression and LS-means assessed prescribers' specialties.

Results: The best-fitting model had six classes named: 'Younger PWID', 'Older PWID', 'gbMSM', 'Urban socially-deprived baby boomers', 'Rural baby boomers', and 'People of Asian backgrounds', with proportions of pHCV-HIV at 10%, 17%, 7%, 4%, 0%, and 0% respectively. Among people treated with DAA's, the probability (mean, [standard deviation]) of receiving treatment from infectious disease physicians was higher for the three classes with higher proportions of pHCV-HIV (30.9%, [0.013]) and lower for remaining three (20.3%, [0.012]).

Conclusion: LCA identified six classes with distinct characteristics. Observed differences in HCV treatment suggests multiple factors influence treatment prescription. Further analysis of health service utilization patterns related to multivariable patient profiles may inform optimal service layout.